

DO YOU KNOW SOMEONE WHO IS RAMPING UP FOR INDEPENDENCE?

EBI, along with Ala Costa Center, Bay Area Outreach and Recreation Program (BORP), Disability Rights Education and Defense Fund (DREDF), and WorkLink, will be offering a six part training series for transition-age youth with disabilities – autism, cerebral palsy, intellectual disabilities, etc. – and their parents.

January 18, 2012: 6:30-8:30 pm
DREAMING BIG AND GETTING PRACTICAL:

How to navigate work, housing, relationships, college, and fun after high school.

February 15, 2012: 7-8:30 pm
MAKING WORK WORK: Taking a close look at employment possibilities.

March 21, 2012: 7-8:30 pm
IT'S YOUR MOVE: Exploring housing and living support options.

April 18, 2012: 7-8:30 pm
SEARCHING FOR RELATIONSHIPS: Making connections that matter.

May 16, 2012: 7-8:30 pm
CONSIDERING COLLEGE: Learning what's available and how to get it.

June 20, 2012: 7-8:30 pm
RECIPES FOR RECREATION: Expanding your repertoire for fun.

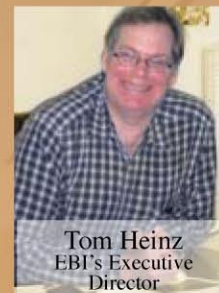
All sessions will take place at the Ed Roberts Campus at 3075 Adeline St. in Berkeley (Ashby BART station.)

SPACE IS LIMITED. Contact lindaratner@comcast.net to register.

"Ramping Up for Independence"

EBI joins a multi-agency effort to help youth with disabilities prepare for the next stages of life.

At EBI, we've seen how overwhelming the anticipated transition to adulthood can seem for youth with disabilities and their families. Parents hear about modifications to the Lanterman Act, budget revisions, and shifts in services funded by regional centers, and wonder what the consequences of these changes will be for their kids after they leave school and enter the world of adult services. Youth often can't imagine what life after high school will look like for them.



Tom Heinz
EBI's Executive Director

That's why EBI is excited about the upcoming training series, Ramping up for Independence. We're eager to participate, with other agencies, in providing information to family members that will answer many of their questions about moving out, working, having fun, and cultivating new relation-

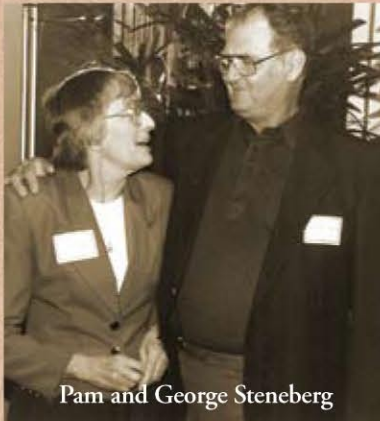
"Ramping Up" cont'd on page 2

Do you know...?

- Q.** Who is responsible for allocating and reconciling expenses and maintaining files for groundbreaking grants at an internationally renowned biomedical research institute?
- Q.** Who is responsible for ensuring that damaged or expired products are not used by nurses for patient care at Northern California's independent children's medical center?
- Q.** Who is responsible for verifying patient insurance at a full service, busy, urban medical clinic?
- Q.** Who is responsible for managing the shipping and receiving of critical parts for engineers at a new green technology energy storage research center?

"Do you know" cont'd on page 4

Donor Spotlight: *George Steneberg*



Pam and George Steneberg

When George and Pam Steneberg's youngest daughter, Susie, was born, they had no idea that Pam, a nurse and midwife, would become a key player in the national movement behind "least restrictive environment," that George, an engineer at Pacific Telephone would be involved in door-to-door fundraising to raise money for a therapeutic swimming pool in Contra Costa County, or that their older daughter, Jennifer, would become an attorney, spending much of her adult life working in the area of disability rights.

From the early 1970's, when they first learned about Susie's cystic fibrosis and developmental disability, the Stenebergs started working intensively to improve the quality of life of individuals with disabilities. It follows that today, Susie, at 41 years old, lives in an apartment in Emeryville and with the support of EBI staff, enjoys a full, active life. Jennifer, in addition to being a lawyer and long time member of EBI's board of directors, is our board president. And George, now a widower who spends much of his time restoring British cars and seeing musicals, is a consistent, generous donor to EBI.



The Steneberg family

"It's a big relief" George says, "to know that Susan's going to be taken care of. EBI has taken the worry away." The appreciation goes both ways. George's ongoing support and commitment to EBI makes it possible for us to do the work we do. Thank you!

"Ramping Up" cont'd from page 1

ships. With an understanding of the resources and services "out there" and an idea of how to access them, the process will be much less daunting for families.

Parents will be heartened by the accomplishments of our panelists – people we serve with a range of disabilities. Youth will begin to have a sense of the possibilities available to them. And, EBI will be reminded of just how far the individuals we serve have come and the richness of their adult lives.

DONATE YOUR CAR TO HELP OTHERS

If you are interested in supporting EBI's programs by donating your car, call Car Donation Services at 888-6TO-GIVE

We Got the Grant!

The Special Hope
Foundation awards
EBI \$40,000

EBI just received a grant to develop modules to teach direct care staff about the intensive health-related needs and care preferences of ten EBI clients. Using graphics, videos, and photographs, etc., each module will address one area of an individual's care. The number of modules created for each person will vary based on their unique needs.

Modules will focus on, for example, a client's specific health care, mobility, nutrition, personal care, and communication needs and preferences. For every person, the set of modules will give the viewer a sense of the client's personality -- a window into who they are and the ways in which they want to be supported. Modules may demonstrate a specific transferring technique, show an individual's grimace that indicates discomfort, or describe the very particular order in which a client eats the contents of his/her meals.

Parents of EBI clients have long assisted EBI staff by sharing their knowledge and understanding of the care needs of their family member. Through interviews with parents, friends, staff, and professionals in each individual's life, the modules will incorporate successful strategies learned over many years of experience. EBI is looking forward to creating modules that contain humor, sensitivity, and levity in addition to very specific instructions, demonstrations, and critical information.

The Insight

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Supported Employment Services
Lori Kotsonsas: 510-618-1580 x15

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NEWSLETTER

The Insight

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EBI Employee Spotlight:

Kara Crockett

M eet Kara Crockett: Arriving in California in 2009 to study "sound healing" when Kara began looking for employment,

[Kara] values "having an opportunity to watch people grow" and, looking back, she feels very proud of the impressive accomplishments made by the individuals she works with.

she was hired by EBI as an Independent Living Instructor.

Lucky for the consumers Kara works with at EBI, in addition to having supported individuals with disabilities back east, she brings 12 years of experience as a cook in a variety of restaurants in Maine, from pubs to fine dining establishments. Alongside her Independent Living clients, you might find her on any given day teaching "how to" make delicious homemade chicken soup, prepare healthy meals using fresh, local ingredients, budget, grocery shop, and/or pay bills. You'd probably notice the systems she's put in place to help consumers organize and complete the tasks and responsibilities that make it possible for them to live independently.

What does Kara like best about her work? "The relationships are so rewarding," she says. And she appreciates that EBI is always striving for better ways to support people and cares about employees' well-being. She values "having an opportunity to watch people grow" and, looking back, she feels very proud of the impressive accomplishments made by the individuals she works with. The admiration is mutual. "She's one of the best!"

pronounces Josh Watt, an EBI client Kara works with.

And outside of work? A self-described book worm who likes reading historical novels, playing guitar and singing, climbing trees and hanging out with the people close to her – and her cat, Scuba – Kara's enjoying life in California.



Josh & Kara

ANNOUNCEMENT

LEGACY CAMPAIGN

You can designate EBI as:

- a beneficiary of an IRA
- a beneficiary of a life insurance policy
- a beneficiary in your living trust or will

Other ideas or questions?

Contact Tom Heinz at 510.618.1580 ext. 11, or theinz@eastbayinnovations.org



Pam Steneberg

Our Mission

EBI's mission is to arrange and provide personalized support to enable individuals with disabilities to live in their own home, to work in a job of their choosing, and to feel a sense of membership in their community.



East Bay Innovations
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Fall 2011

Save the Date
March 18, 2012
Salsa!



DO YOU WANNA SALSA DANCE?

Want to party with friends while supporting EBI?

Want an excuse to wear sparkly dancing shoes?

If you answered YES to any of the above, plan to join EBI at Just Dance Ballroom in Oakland on Sunday night, March 18th, 2012.

For more information contact:
lindaratner@comcast.net

"Do you know" cont'd from page 1

Q. Who is responsible for updating documentation in the County Law Library to ensure that judicial borrowers, public officials, attorneys, and county residents have access to the most recent changes in laws and codes?

A. EBI's Project SEARCH graduates! Project SEARCH is changing the look of employment for individuals with disabilities.

Thank you Children's Hospital Research Institute, Children's Hospital, Clinica la Luna y el Sol, Primus Power, and Alameda County Law Library for recognizing abilities and providing opportunities.

